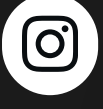


**MEMORIAL**  
HOSPITALS GROUP

Experience

# Body Aesthetic

Treatments at Turkey's Best Aesthetic Hospitals Group



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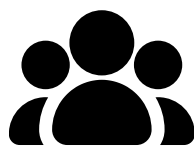


Memorial Hospitals Group  
**Introduction**

**A World Brand carrying  
the Future to Present !**

**MEMORIAL**  
HOSPITALS GROUP





## Who we are?

With **12 hospitals** and **2 medical centers** and **1 wellness center** in 5 Turkish cities, we serve **+75 K international patients** from **+167 countries** annually.



Memorial **Bahçelievler**



Memorial **Ataşehir**



Memorial **Şişli**



Memorial **Antalya**

## Why Memorial?

Memorial Hospitals focus on **patient satisfaction** in order to provide high quality service by using international measurement methods and improvement mechanisms to ensure the **World Class** health services are provided to it's patients.



Turkey's first JCI  
Accreditation  
Certificate



ISO Accreditation  
Certificate in Genetics  
and IVF Laboratory



First Leed Platinum  
Certificate in Healthcare  
Industry in the World



EFI Immunology  
Laboratory  
Accreditation

## Our Advantages



More than **24 years**  
of **experience**



Highly qualified **medical**  
& **support staff**



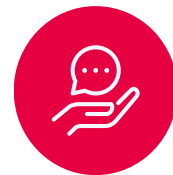
International  
**Patient Center**



**5 Stars Hotel**



**VIP Transfers**



**Free Consultation**



# Our Cases



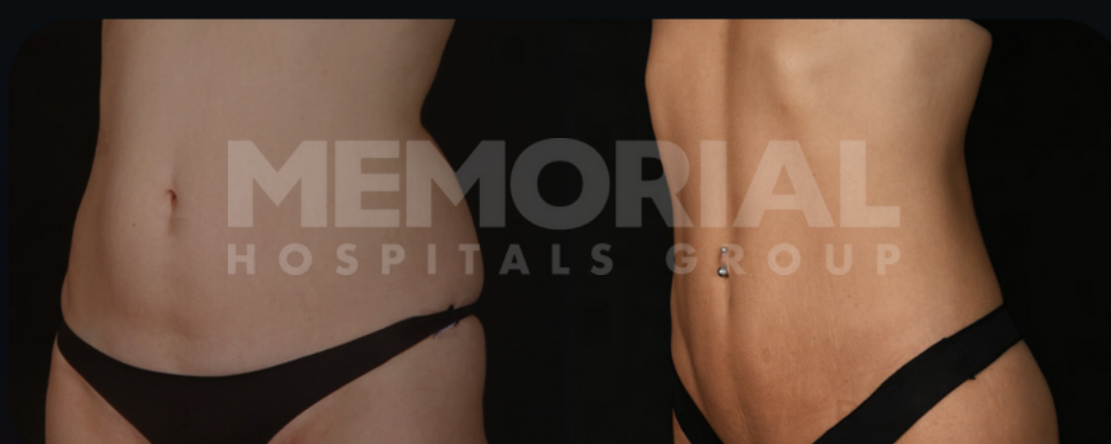
Brazilian Butt Lift



Tummy Tuck



Total Body Reshaping



Liposuction



# Treatments

## What is Liposuction?

Liposuction is a surgical intervention applied to reshape and regulate the unbalanced fat deposition in your body. Liposuction, which is especially an effective solution for regional fat deposition, is also utilized as an auxiliary element in many aesthetic surgery procedures. For example, liposuction is used in gynecomasty operations applied for augmented breast problem in men. In knock-knee correction operations, fatty tissue can be collected from another part of the patient and added to the problematic area in order to disguise the knock-knee. In short, liposuction is a very common procedure used to improve and render more effective the results of an aesthetic surgical procedure.

## How liposuction is performed?

Liposuction can be performed under local anesthesia when it is used solely and not as an auxiliary technique for another aesthetic surgery. General anesthesia may also be preferred. Your aesthetic surgeon will decide the mode of anesthesia and procedure areas are restricted by drawings with pen. One or more incisions are performed close to the treatment area. Thin canulas or very thin tubes are inserted through these incisions depending on the technique to be used. With the guidance of the surgeon, vibration of the device melts the subcutaneous fat tissues and enables them to be removed from the body. Duration of the procedure depends on the size of the area and the amount of fat subject to suction.



## What is Total Body Reshaping?

Fat will be taken from the belly, the upper and the lower back, love handles and the inner upper legs. This will be done through liposuction. Liposclupture is the name of the method for taken the fat and the name of device is Lipomatic. The taken fat will be injected in the buttocks and the buttocks will be lifted with the BBL method. When there is any cellulite at the buttocks this also will be filled with fat and shaped on a beautiful way. The doctor will reshape the waist and will make the entire abdominal area and the taille smaller.

By reshaping the waist and the buttocks the doctor will create a bigger difference between the buttocks and lower back, also the hips will look nicely round. Further through the liposuction at the abdominal area the doctor creates a beautiful feminine shape. When there is any cellulite, some irregularities or small humps on your buttocks, the doctor can also make this smooth and create a refined shape.

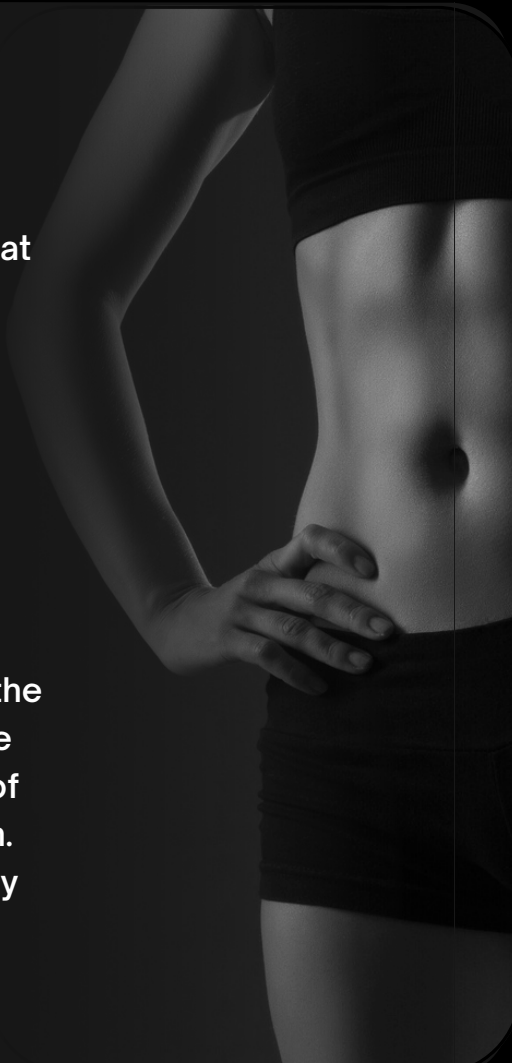


## What is Tummy Tuck (Abdomen Lifting) ?

The abdominal region, which has a structure that helps to protect most of our internal organs, is one of the areas where regional fat is observed. The enlarged fat layer often becomes unresponsive to sports, diet and exercise. In addition, skin problems due to collagen breakage, which is called a crack in the skin structure and cause an aesthetic appearance, also constitute a regional problem. Deformation in the abdominal muscles, often observed after high-weight babies, also causes this region to sag.

## What exactly does a tummy tuck includes?

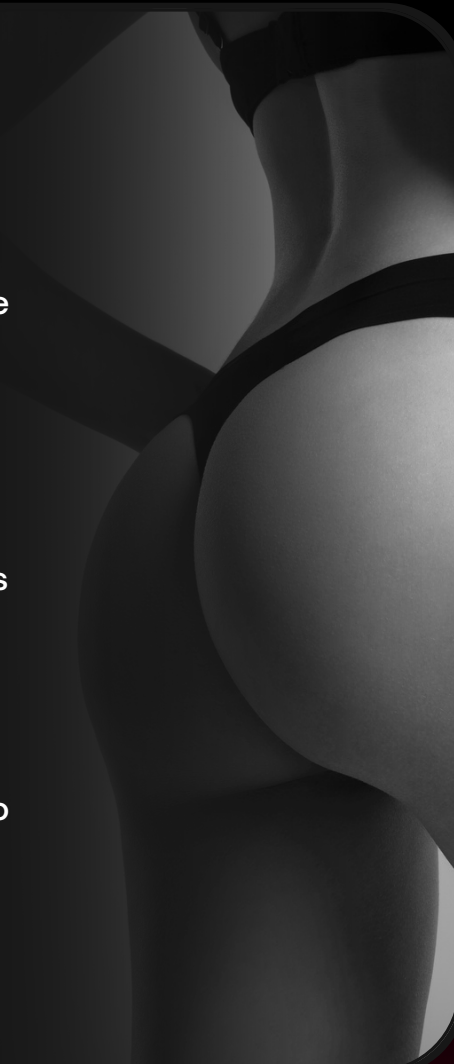
The surgery area of the abdomen lifting operation is the area from the bottom of the last rib bone to the mons pubis. Mons pubis is a raised hairy area on the underside of the cesarean section, which is also referred to as the Venus hill. The problem of excessive fat in the abdominal area is among the issues that men also suffer from. Especially in the case of carbohydrate consuming high-value nutrients, we can say that the abdominal area fattens more.



## What is BBL?

In butt aesthetic, patient's own fat is used to shape the hips. As the fat is from the patient, results are completely natural and it won't be understood that those flawless hips are operation results. If the patient lacks sufficient fat to be transferred, filling materials can be used as well.

Brazilian Butt Lift (BBL), also known as Brazilian Butt Aesthetic, is preferred for people who want to have younger looking, distinct hips and a correct body profile. Your own fat is used in this surgical procedure and this is the most natural way to augment your hips. In Brazilian Butt Aesthetic, we transfer the fat collected from your regional fat depositions in the purest and most suitable fat-stem cell composition possible. This helps to achieve the longest lasting result. This procedure, which also collects fat extraction with liposuction, involves enrichment of extracted fat with stem cells. Fat extraction is performed with liposuction. And centrifuge devices are used to enrich the fat with stem cells. The last step is the re-injection of the fat into the hips. The procedure is designed to fill the upper quadrant of your hips; this lifts the butt and makes it more prominent. Resulting effect makes your profile more attractive.





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## Our Doctors



### Plastic Surgery Team



### Hair Transplant



### Dental Treatments



### ENT Disorders



### Obesity Surgery Center

7

## Frequently Asked Questions

#### Who are eligible for Liposuction?

A good candidate for liposuction is a person who is healthy and has realistic expectations and likely to be happy with the liposuction results. Individuals who cannot get rid of regional fat depositions despite healthy nutrition, diet and exercise may have liposuction.

#### Who can have abdominal aesthetics?

Your plastic surgeon will decide whether you are an ideal candidate for this type of liposculpture or whether you should first have a different body shaping procedure. Those who already have an athletic body and have a definite muscle structure benefit most from their abdominal aesthetics.

#### Does hip aesthetic eliminate cellulite?

As part of this procedure, we perform fat injection and attempt to reform the appearance of the hips; therefore it provides cellulite treatment at the same time.

#### How is the recovery period of BBL?

The recovery period for Brazilian Butt aesthetic is 1 week on average. It is important not to apply any pressure to your new butt for three weeks. We recommend a special pillow to sit on to in order to protect the injected fat. You can take a shower after 48 hours. Most of patients do not have any pain. You can also get back to exercise within three weeks.

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## Reviews



TrustPilot



4,8



Bookimed



4,7



Google



4,7

9

## Contacts

### Memorial Hospital Group

✉ info@memorial.com.tr

📞 Whatsapp: [wa.link/j5op77](https://wa.link/j5op77)

📞 Call Center: +44 203 988 35 44