

### Experience Obesity

**Treatment at Turkey's Best** Aesthetic Hospitals Group





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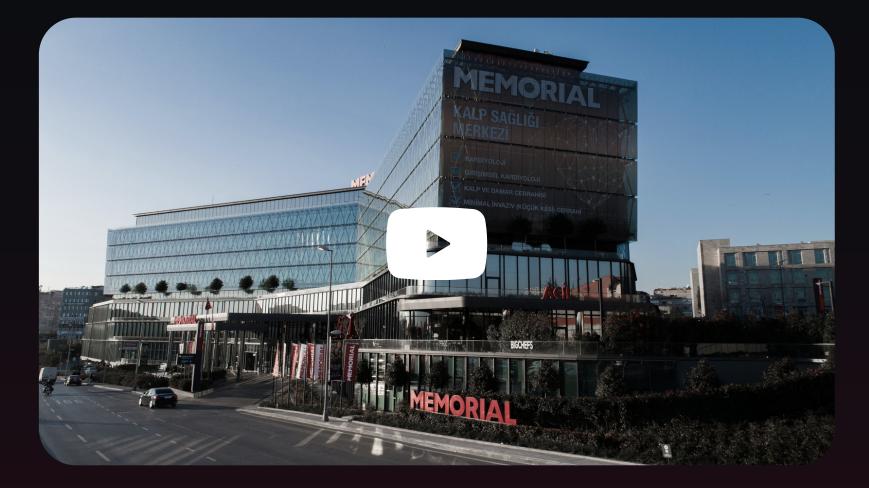
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### Memorial Hospitals Group Introduction



# A World Brand carrying the Future to Present !

MEMORIAL HOSPITALS GROUP



### Who we are?

With **12 hospitals** and **2 medical centers** and **1 wellness** center in 5 Turkish cities, we serve +**75 K international** patients from +**167 countries** annually.



Memorial Bahçelievler





Memorial Ataşehir





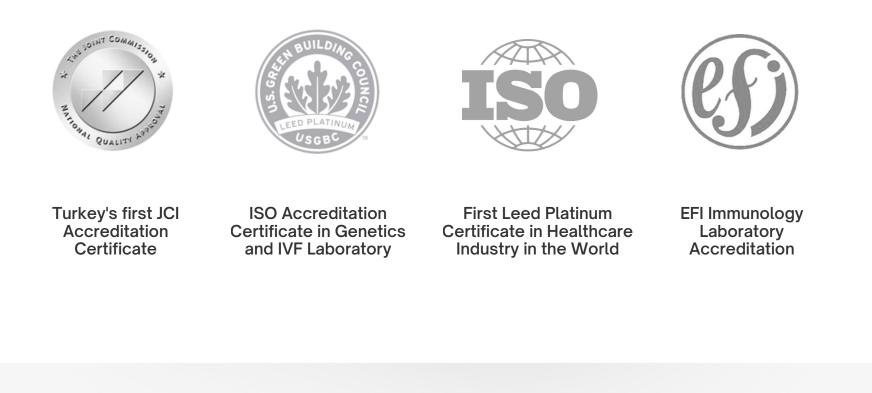


Memorial Antalya

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### Why Memorial?

Memorial Hospitals focus on patient satisfaction in order to provide high quality service by using international measurement methods and improvement mechanisms to ensure the Word Class health services are provided to it's patients.



### **Our Advantages**







More than 24 years of experience

Highly qualified **medical** & support staff International **Patient Center** 





**5 Stars Hotel** 

**VIP Transfers** 



**Free Consultation** 























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### What is Bariatric (Obesity) Surgery?

Bariatric surgery is indicated as the only effective method for maintaining weight loss in morbid obesity patients with a body mass index of 35 and above or over 40.

Obesity is excessive fat accumulation in the body to the extent that it impairs health. Excessive and wrong nutrition habits, hormonal factors, sedentary lifestyle, the genetic transition can cause obesity. Obesity is a disease that needs to be treated. Because untreated obesity causes many health problems such as diabetes, heart diseases, cancer, infertility, and joint disorders.

Bariatric surgery, also known as "obesity surgery", is recommended for patients with a body mass index of 40 and above (morbid obesity) or a body mass index of over 35 and who cannot lose weight with methods such as medical nutrition, exercise, and medical treatment under the supervision of an expert. In addition, bariatric surgery can be performed for those with a body mass index above 35 and those who have co-morbidities such as cardiovascular diseases, patients who are treated for diabetes, if they cannot get rid of fatty tissue.



### Sleeve Gastrectomy

Sleeve gastrectomy is an obesity surgery performed by surgically removing approximately 80% of the stomach. It allows the patient to lose weight through multiple mechanisms. First of all, the newly created stomach causes less food and thus fewer calories due to its significantly reduced volume compared to the normal stomach.

### Mini Gastric Bypass Surgery

Compared to volume-restricting techniques, mini gastric bypass stands out in terms of better weight loss and greater effectiveness in the recovery of comorbid diseases. In the Mini-Gastric Bypass, the stomach is formed as a tube using special stapler tools. This newly created stomach pouch is long.

## Duodenal Switch Surgery

Duodenal Switch Surgery is one of the surgical procedures that have both restrictive, absorption-reducing, and endocrine effects like gastric bypass. This method is mostly used for people with a body mass index of more than 50 Kg/m2 or in the treatment of Type 2 diabetes.

# Robotic Bariatric Surgery

To begin the use of Robotic Surgery technology in laparoscopic obesity surgeries all over the world offers special privileges to doctors and patients. Robot technology, which provides a three-dimensional and high-resolution image to the surgeon, also allows the protection of organs, tissues, and nerves adjacent to the area where the operation is performed.



# Who might be suitable for bariatric surgery?

People with a body mass index between **35-40 and those** with obesity-related diseases such as cardiovascular diseases.

People who are capable of understanding and adapting and can work in **coordination with the medical team after the surgical procedure.** 

Patients who cannot lose weight with methods such as medical nutrition, exercise, and medical treatment under the supervision of an expert

People who don't have a **health condition** that prevents surgery

Patients with a body mass index over 40

People who are not heavily dependent on alcohol or drugs





**Plastic Surgery Team** 



Hair Transplant



**Dental Treatments** 



**ENT Disorders** 



**Obesity Surgery Center** 

### **Frequently Asked Questions**

#### How is Rhinoplasty Made?

Procedures for Rhinoplasty have differences according to the technique. Usually under general anesthesia and depending on your current nose condition, open or closed operation is performed. The operation is completed after the nose has been shaped functionally and aesthetically.

#### What are the preparations for Rhinoplasty?

First of all, you will meet with your surgeon who will do your Rhinoplasty operation and make a plan and concentrate on realistic expectations.

#### What are the possible risk of Rhinoplasty?

Rhinoplasty surgeries are generally safe surgical procedures, but as with every surgical operation, there are some potential risks. Our professional surgeons who work our institution do their best to reduce the risks and to ensure patient satisfaction.

#### What should i expect after Rhinoplasty?

You can often see the results of your Rhinoplasty as soon as the swelling in your nose reduces.You will generally not experience any problems related with respiration.The final result and the exact placement might take 1 year.

### How long does recovery last after Rhinoplasty?

According to the surgical technique, tampon and plaster will be placed on your nose for the first 10 days. After surgery, there may be swelling, mild pain, and redness around the eye for the first week.

### 8 Reviews

TrustPilot	<b>* * * * </b> 4,8
Bookimed	<b>★★★★☆</b> 4,7
G Google	<b>★★★★☆</b> 4,7

# Contacts

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